

Continue the CONVERSATION

Aleksandra Brown, DO, FAAD

River Ridge Dermatology

BOTOX AND DYSPORT INJECTIONS

Injections of neurotoxins such as Botox and Dysport are best at treating facial wrinkles created by movement, like frown lines (vertical lines between the eyebrows), forehead lines and crow's feet (outer corners of the eyes).

"The best candidates for Botox and Dysport are healthy, young to middle aged adults," says Aleksandra Brown, DO, FAAD a dermatologist with River Ridge Dermatology in Blacksburg. "Men and women in their late twenties and early thirties are ideal candidates because they can do so much more to prevent lines from forming. Patients also seem to think that they need to wait until the lines get very deep to start doing the procedures. This is a misconception, as they are designed to prevent lines and work best if used as a preventative measure."

If patients present with deep lines, injectibles may not make the lines completely go away, but in this case, Dr. Brown still recommends Botox or Dysport to prevent lines from getting deeper. "However, it is important that the patient has realistic expectations and knows that the lines may not go away. Pictures over time show that facial lines at rest do improve a little," she says.

Injections take just a couple of minutes, are done with a tiny needle and require no downtime following the procedure. To maximize results, Dr. Brown asks that patients stay upright and don't exercise for four hours following the injections. Both Botox and Dysport last approximately three months. "I always recommend that patients new to neurotoxins come in 2 weeks later for a quick re-check," says Dr. Brown. "At their follow-up, we look at before and after photos and make sure they're satisfied with their results."

BOTOX & DYSPORT



BOTOX & DYSPORT INJECTIONS:

A facial injection that temporarily reduces muscle activity for significantly visible smoothing.



The best candidates for Botox and Dysport are healthy, young to middle aged adults in the face.



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River Ridge Dermatology
3706 S. Main Street B | Blacksburg, VA 24060
540.951.3376 | www.riverridgederm.com

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